

How do I know when a student's symptoms are worsening?

Observe the student for the following signs that classwork is becoming increasingly difficult:

- o Greater irritability
- o Increased problems paying attention or concentrating
- o More emotional than normal/emotional reactions that are disproportionate to situation
- o Less ability to cope with emotions than normal
- o Increased difficulty learning or remembering new information
- o Difficulty organizing tasks
- o Increased forgetfulness
- o Inappropriate or impulsive behaviors during class
- o Repeating themselves

In severe cases, the student may struggle with behavior, emotional and/or social problems. These should be addressed with the same importance as other symptoms, using the following techniques:

- o Allow the student a break from the environment, if frustrated or emotional.
- o Encourage the student to communicate the difficulties to parents, the guidance counselor and yourself. Encourage and assist the student in seeking help.
- o Monitor the student's peer relations.
- o Don't put the student on the spot in front of the class.